



Walnut Heights Elementary School

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Joy Inouye, Principal

2016-2017 Playground Rules

GENERAL RULES

- School grounds open at **7:55**. No students on grounds or in classrooms before that.
- All student bikes and scooters must be locked to the bike rack.
- Hallways and between the wings are quiet areas.
- The library is open during the 10:00 a.m. recess. During lunch recess, the library is closed.
- Walk everywhere except on the blacktop and on the field.
- Eat and drink your snacks before you play at the picnic tables on upper level. No running or playing while snacking. Please make sure to throw away all snack trash.
- When the bell rings, stop playing, freeze and wait for the yard duty to blow the whistle. Once you hear the whistle, WALK to your line.
- Carry equipment to put away after the whistle is blown.

KINDERGARTEN PLAYGROUND

- During the school day, only kindergarteners can play in the kindergarten playground.
- Do not climb over the fence or swing on the gates.
- Food must be eaten while sitting on the kindergarten bench or on the cement ledge.

PLAY STRUCTURE

- Keep your hands to yourself: never push or roughhouse on equipment.
- Start at one side of the equipment and move across it in the same direction.
- To exit from the upper level, use the slide, hanging bars or climb down the side-bars. Never jump from upper level.
- Stay off equipment when it is wet, the surface becomes very slippery.
- Always walk when on or beneath the play structures.
- Use both hands on the hanging bars, keep a safe distance behind the person in front, and watch for swinging feet.
- Never grab or pull at someone who is hanging from the bars.
- When you drop from the bars, bend your knees and land with both feet.
- Stay off the top of the hanging bars, upper and lower hand railings and the top of the roof.
- No running under or close to the structures.
- No tag under the play structure.

SLIDES

- Slide one at a time.
- Down only.
- Sit up on your bottom, legs stretched out in front.
- No jumping off of the slide.
- Don't block the bottom of the slide.

SWINGS

- One rider to a swing.
- Swing back and forth, not side to side, *or twisting*.
- Hold on with two hands.
- Sit up on your bottom.
- Stop to get off, no jumping off of the swings.
- When others are waiting, each student can have 20 counts before sharing.
- *Counting to 20 means "1 Walnut Heights Cougar, 2 Walnut Heights Cougar, 3 Walnut Heights Cougar,..."*
- Stay clear of moving swings.

CLIMBING ROCKS

- Do not jump off the rocks.
- You may sit on the taller rock, but not stand.
- Four people per rock.

BLACKTOP RULES

- No kicking any type of ball on the blacktop.
- Rubber balls are used for handball and 4 square only.

FIELD

- The track is for walking or running only. No hanging out.
- When walking the track, you must be visible at all times. No hanging out behind the porta potty or large foliage.
- Football, soccer and kickball are to be played on the field at all times. When the field is closed, kickball can be played under the shade structure.
- Share the field.

YARD DUTY

- All playground supervisors must arrive for their designated duty time 1 minute before recess begins.
- All playground supervisors must circle their assigned area while on duty. Please do not talk to each other or parents when you are on duty.
- No personal cell phone use on the playground.
- Please provide injured students with an Office Pass. An injured student who needs access to the office will remain inside for the duration of the recess.
- Students who enter the office without an Office Pass will be sent back to the playground.

TEACHER RESPONSIBILITIES

- All teachers must be on time to pick up their students after the recess bell rings.
- After the bell rings, please do not linger outside.